Special Needs Areas

Many ask how they can be of most use to Veterans. The answer is simple: give ,and volunteer. There are many areas that are always in need of funds including but not limited to:

CTRS– GLA's homeless program is in constant need of 10 person tents, sleeping bags, cots, water and flip flips

The Welcome Center– Located on the North Campus in West LA, the Welcome Center is where homeless Veterans can go to be processed for services, take a shower, wash their clothes. Monetary donations are best as the needs are constant and change depending on the Veteran.

Women Veterans– Al I too often this group of patriots are undercounted, overlooked or just forgotten about. GLA has worked to make our Women Veterans feel this too is a safe place for them, but it is not easy. Monetary donations go towards Military Sexual Trauma Luncheons, Pamper Me Days, Baby Showers, Breast Cancer Awareness. On the wish list are breastfeeding pods to afford privacy for nursing mothers.

Some other worthy programs include:

Caregiver Support

PTSD Programs

Pantries

Fisher House

West Los Angeles

Constant Needs: Grocery Gift Cards Department Store Gift Cards Sweatpants (S, M, L, XL, XXL)*** Sweatshirts (S, M, L, XL, XXL)*** Flip Flops*** New Underwear (male and female) Clothing (male and female, perferably new but can be gently used) School Supplies (all ages) Hygiene Products (male and female) Flash Lights Batteries **Cell Phone Chargers** Power Banks (for small electronics) Prepaid Cell Phones **Electronic Tablets** Shoes (male and female) Pajamas (male and female) Makeup Feminine Hygiene Products House Robes (male and female) Laptops/Computers

Women's Gift Baskets Reusable Water Bottles Small Household appliances Towels/Hand cloths (must be new)

*** Indicates high, constant demand

Santa Maria

Grocery Gift Cards Department Store Gift Cards Back Packs Hygiene Kits Goodie Bags Duffle Bags Sweatpants (S, M, L, XL, XXL) Sweatshirts (S, M, L, XL, XXL) Flip Flops Jackets (S, M, L, XL, XXL) Sporting/Entertainment Tickets (Santa Maria also supplies Santa Barbara, San Louis Obispo and Bakersfield

North Hills

Baseball Caps Sweatpants (S, M, L, XL, XXL) Sweatshirts (S, M, L, XL, XXL) Duffle Bags School Supplies (all ages) Beanies Mittens/Gloves Grocery Gift Cards Department Store Gift Cards

Downtown Los Angeles

Backpacks Can Openers Call Phone Chargers Power Banks (for small electronics) Hygiene Products (male and female) Flash Lights Batteries First Aid Kits Sleeping Bags Sweatpants (S, M, L, XL, XXL) Sweatshirts (S, M, L, XL, XXL) Sweatshirts (S, M, L, XL, XXL) Grocery Gift Cards Department Store Gift Cards Non-Perishable Foods Baseball Caps