WISH LIST

January 2017

VA Northern California Health Care System serves an area of approximately 40,000 square miles providing health care services at Sacramento Medical Center, Martinez, Oakland, Redding, Chico, Yuba City, McClellan, Fairfield, Mare Island and at the Yreka Outreach Clinic, Hemodialysis/Radiation/Oncology/lab/cardio thoracic surgery services also provided to our Veterans at the David Grant Medical Center in Fairfield.

100% of your donations directly benefit Veteran patients and patient programs within our healthcare system.

Tax deductible monetary donations may be made online at http://www.northerncalifornia.va.gov
SELECT VOLUNTEER OR DONATE on left side of screen
All transactions are secure and funds are electronically deposited into the account/program you choose to support.

Checks may be made payable to VANCHCS Voluntary Services and mailed to 10535 Hospital Way, Mather CA 95655 or to the office at 150 Muir Road, Martinez CA 94553
**FINANCIAL SUPPORT OPPORTUNITIES**

100% Directly Supports our Veterans

**HOMELESS VETERANS**
Support provided based on referrals by social workers and nursing staff include transportation, assistance with rental deposits, bills, household goods, furniture, food, clothing, application fees and more.

**VETERANS IN NEED**
This fund supports the purchase of daily bus passes from regional transit authorities within our geographical area. Passes are distributed to Veterans to make their appointments for health care services. Canteen vouchers and Subway sandwich cards may be issued to those needing a meal. Clothing, shoes and other support may be provided.

**TECHNOLOGY-SMALL EQUIPMENT**
Fund may provide Veterans the use of laptops, IPads and internet access to conduct job searches, seek education, pay bills or reach out to family. May provide flat screen televisions, radios, headsets or other electronic needs.

**WOMENS’ HEALTH**
Funds are used to provide ancillary support needs for female Veterans to include Welcome New Baby through gift cards to Babies R Us to supporting new whole-health initiatives recommended by our clinical staff.

**PALLIATIVE CARE**
Provide a home-like, comfortable environment for Veterans and their families. Support special individual needs or requests and group programs such as candle-light dinners.
FREE COFFEE PROGRAMS
Free coffee is offered at many of our sites. Along with tea/cocoa and cookies or crackers, they share jokes and stories. Many Veterans greatly appreciate this program as they make regular stops after fasting for lab or other appointments. More than 100 cups a day are consumed at various sites!

GARDENS
Meditation Garden at Sacramento Medical Center is intended to provide a quite tranquil place for Veterans and their families to relieve stress and anxiety which is sometimes associated with their visit.

We have a new Therapy Garden at VA McClellan for Veterans working through emotional challenges in the recovery process. More 10 Veterans are growing vegetables and learning how to eat right.

CENTER FOR REHABILITATION AND EXTENDED CARE/ CLC RESIDENTS
Funds are used to provide various ancillary support needs which include providing home-like environment and recreational activities, personal comfort items, clothing, stamps, laundry soap, phone cards, piano tuning and maintenance, tropical fish tanks or other specified needs identified by our nursing or social work staff.

RECREATIONAL THERAPY PROGRAMS
The Golden Age Games the only national multi-event sports and recreational seniors’ competition program designed to improve the quality of life for all older Veterans. Donations will support travel/lodging expenses for approved participants annually.

Donations will make possible for our patients to enjoy recreational activities such as bowling, fishing, barbeques and more. We also provide artists materials/musical instruments and more.

GENERAL SUPPORT OF OUR VETERANS
You may choose to provide general support. We respond to requests to provide ancillary support which directly benefits our patients. We are able to provide for a variety of needs from new wheelchairs to flats screen TVs to comfort cart items, special outreach events, incentive programs and more.
NON-MONETARY SUPPORT OPPORTUNITIES

Want to support? Before making your purchase, please call our office at 916-366-5372 to confirm the need still exists.
Or you may inquire by E-Mail to Maria.Almes@va.gov.

ALWAYS IN NEED OF THE FOLLOWING

- COMFORT PILLOWS – 14” x 20” (Travel Pillows
  WalMart)
- Sleep Masks sets with ear plugs
- Ditty bags – personal hygiene kits (non-alcohol mouthwash)
- New sweat shirts and pants (all sizes men/women)
- New coats
- New socks and boxer shorts
- New Ladies’ sports bras and underwear
- New men’s shoes (tennis, deck, boots, flip flops)
- Back scratchers
- Dental adhesive
- Wheel Chair/Walker bags
- New backpacks
- 12-oz bottled water
- Reading glasses 3x – 4x
- Canteen Vouchers ($6.00 each)
- Grocery Store gift cards ($10, $20)
- Subway Sandwich gift cards
- Warm knitted hats/scarves/gloves
- Lap robes

DAILY TRANSPORTATION PASSES FOR SACRAMENTO, MARTINEZ, OAKLAND AND REDDING

For our dialysis patients at DGMC
- Headsets/ear plugs, healthy snacks, diabetic socks

COGNITIVE REHAB PROGRAM

- $10 Wal Mart Gift Cards - - Incentives for members in group therapy working on memory and concentration at our Center for Brain and Wellness in Martinez. Talk directly to Chief Voluntary Services if you are interested in this…..916-366-5372

RECREATIONAL THERAPY

- Organizations to sponsor special events such July 4th, Veterans’ Day, Super Bowl Party, National Salute just to name a few.
- New Craft kits – cars, planes, ships, leather, wood, bird house kits etc, new paint sets (watercolor), canvas, heavy weight water color paper, pastels and drawing pencils. Activity prizes - new water bottles, new baseball caps, $10.00 gift cards. Need tickets to sporting events, theatres, museums or other cultural venues.
- OR “ADOPT A UNIT” – time, talent and resources – readers, special needs etc. Call Gary Agcaoili at 925-370-4790 for details about “ADOPT A UNIT”

HOMELESS VETERANS

- Welcome Home Baskets for Veterans recently placed in housing; gift-wrapped basket containing new kitchenware, flatware towels, mugs, glasses and/or Walmart or Safeway gift cards in $25 increments.
- Daily Regional Transit Passes
- Purchase VA canteen vouchers for meals
- Subway gift cards for meals